

PORTUGUESE NATIONAL INDICATORS ON THE RIGHT TO THE ENJOYMENT OF THE HIGHEST ATTAINABLE STANDARD OF PHYSICAL AND MENTAL HEALTH

	Sexual and reproductive health	Child mortality and health care	Natural and occupational health	Prevention, treatment and control of diseases	Accessibility to health and essential medicines	
Structural Indicators	<ul style="list-style-type: none"> • International human rights treaties relevant to the right to the enjoyment of the highest attainable standard of physical and mental health ratified by Portugal • Date of entry into force and coverage of the right to health in the Constitution or other forms of laws with enhanced value • Date of entry into force and coverage of domestic laws for implementing the right to health, including a law prohibiting female genital mutilation • Number of registered and/or active NGOs involved in the promotion and protection of the right to health • Universal and compulsory civil registry of birth, marriage and death • Law on of the rights and duties of the health services users • National Health Plan • National Immunization Programme 					
	<ul style="list-style-type: none"> • National Programme on Reproductive Health • Decriminalisation of voluntary abortion • Medically Assisted Procreation 	<ul style="list-style-type: none"> • National Programme on Diabetes • National Programme on HIV/AIDS Infection • National Programme for the Fight Against Tuberculosis • National Programme on Smoking Prevention and Control • National Programme for the Promotion of Healthy Nutrition • National Programme on Mental Health • National Programme on Oncological Diseases • National Programme on Respiratory Diseases • National Programme on Cerebral-Cardiovascular Diseases • National Programme for Accident Prevention • National Programme for the Promotion of Oral Health • National Plan for the Reduction of Addictive Behaviors and Dependencies 				
		<ul style="list-style-type: none"> • National Programme on Children and Youth´s Health • National School Health Programme 	<ul style="list-style-type: none"> • Law on the prohibition and punishment of any discrimination by virtue of disability or aggravated health risks • National Disability Strategy 	<ul style="list-style-type: none"> • Law on the promotion and prevention of occupational health and safety • National Programme for Occupational Health 	<ul style="list-style-type: none"> • Legislation on Long Term Care • Legislation on Palliative Care • National Programme for the Prevention and Control of Infections and Resistance to Antimicrobials • Integrated Strategy for Rare Diseases 	<ul style="list-style-type: none"> • Law regarding Measures for the Medicines Policy Rational Use within the NHS • Medicines Status

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Process Indicators	<ul style="list-style-type: none"> • Proportion of complaints on the right to health investigated by the Portuguese National Human Rights Institution in comparison with the total of complaints received and proportion of the NHRI's recommendations responded to effectively by the Government • Proportion of the official development assistance provided for the promotion of the health sector regarding the public expenditure on health 				
	<ul style="list-style-type: none"> • Percentage of births occurred in health facilities • Number of family planning consultations in primary healthcare • Number of maternal health consultations in primary healthcare • Number of terminations of pregnancy 	<ul style="list-style-type: none"> • Percentage of schoolchildren covered by the National School Health Programme • Percentage of children aged 7 and 13 who undertake the Global Health Exam • Percentage of children exclusively breastfed until 6 months of age • Percentage of children enrolled in public schools receiving free fruit, vegetables, milk and dairy products • Children's immunization coverage rate 	<ul style="list-style-type: none"> • Rate of the population with access to tap water and sanitation • Rate of the population with access to safe drinking water • Number of days per year in which the air quality index is poor or bad • Proportion of hazardous urban waste regarding the totality of urban waste • Percentage of the population exposed to noise in the vicinity of big transportation infrastructures and agglomerations 	<ul style="list-style-type: none"> • Immunization coverage rate • Percentage of tuberculosis cured cases • Number of condoms distributed annually • Number of syringes annually exchanged through the programme "Say no to a second hand syringe" • Number of HIV rapid diagnostic tests performed • Number of consultation facilities for intensive smoking cessation counseling • Proportion of the population abusing substances brought under specialized treatment • Percentage of follow-up consultations on mental health regarding first consultations • Number of psychiatric adult consultations • Public expenditure, <i>per capita</i>, on long-term care • Number of beds for long-term care • Number of beds for palliative care • Number of places available, at home and in ambulatory care, for long-term care • Number of places available, at home and in ambulatory care, for palliative care 	<ul style="list-style-type: none"> • <i>Per capita</i> public expenditure on primary health care • <i>Per capita</i> public expenditure on medicines • Percentage of private health expenditure on the total health expenditure • Percentage of NHS users with an assigned family doctor • Number of healthcare professionals • Number of hospital beds • Costs for the users of specialized treatments covered by the NHS and the Subsidiary Health Systems • Number of patients on antiretroviral treatment • Percentage of the population covered by private health insurance • Public expenditure for the acquisition of technical aids

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Outcome Indicators	<ul style="list-style-type: none"> • Percentage of live births with low birth weight • Perinatal mortality rate • Maternal mortality rate 	<ul style="list-style-type: none"> • Infant mortality rates • Percentage of preobese and obese children aged 7-8 	<ul style="list-style-type: none"> • Work accidents incidence rate • Mortality rate caused by work accidents 	<ul style="list-style-type: none"> • Life expectancy at birth • Life expectancy at 65 years • Rate of premature mortality • Percentage of deaths by diabetes in-patients • Incidence of HIV infection • AIDS mortality rate • Tuberculosis incidence rate • Prevalence of tobacco consumption in the population aged 15 or more • Prevalence of substance consumption in the population aged 15 or more • Prevalence of alcohol consumption in the population aged 15 or more • Percentage of people registered as obese among primary healthcare users • Mortality rate due to mental and behavioral diseases caused by alcohol abuse • Mortality rate due to intentional self-harm and its sequels • Coverage rate of oncological screenings • Mortality rate due to respiratory system diseases • Mortality rate due to circulatory system diseases • Number of bacteremia per 1,000 days hospitalization in intensive care units 	
				<ul style="list-style-type: none"> • Cover rate of long term care places • Cover rate of palliative care places 	<ul style="list-style-type: none"> • Proportion of disabled persons who request technical aids regarding those who actually receive them